

Ruitenburg halve 19 januari 2020 Uitslag 21 km

Nr.	Startnr	Naam	Vereniging/Woonplts	Cat	Netto	Bruto
1	301	Marco van Etten	Rotterdam Atletiek	Msen	01:09:32	01:09:34
2	402	Ricardo Sint Nicolaas	Flakkee	Msen	01:10:35	01:10:36
3	12	Francesco Bazzanella	Ixelles	Msen	01:10:52	01:10:54
4	408	Niels Esmeijer	Nederlandse Triathlonbond	M35	01:11:30	01:11:32
5	259	Charles Van Cauwenberghe	PAC	Msen	01:13:12	01:13:15
6	13	Wouter Biesmans	Leuven	Msen		01:13:40
7	315	Coen Visser	PAC	Msen	01:13:47	01:13:49
8	2	Erwin Sparreboom	Olympus '70	M45	01:13:53	01:13:55
9	221	Pim Bijl	PAC	Msen	01:14:01	01:14:03
10	230	Lars Roosken	PAC	M40	01:14:12	01:14:14
11	90	René Kleizen	PAC	Msen	01:15:22	01:15:24
12	303	Roland Schellevis	Flakkee	M35	01:16:55	01:16:58
13	80	Koen de Nijs	Rotterdam	Msen	01:17:05	01:17:08
14	289	Freek Goedhart	Flakkee	M35	01:17:33	01:17:36
15	298	Reinout Polders	Loopgroep PK	Msen	01:17:34	01:17:36
16	1	Gerard de Lange	Waterweg	M50	01:18:13	01:18:14
17	244	Mark de Munter	PAC	Msen	01:19:20	01:19:22
18	441	René Criellaard	Passaat	Msen	01:20:12	01:20:14
19	481	Albert-Jan Groen	Haag Atletiek	M45	01:20:16	01:20:20
20	399	Wouter van Rossum	Triathlon	Msen	01:20:20	01:20:22
21	385	Steff Overmars	Triathlon	Msen	01:21:11	01:21:13
22	311	Randolf van Lambalgen	PAC	Msen	01:21:26	01:21:29
23	458	Richard van Waardenburg	Pallas '93	M40	01:21:39	01:21:41
24	246	Jeffrey van der Krogt	PAC	Msen	01:21:39	01:21:44
25	231	Pauline van Donkelaar	PAC	Vsen	01:21:50	01:21:53
26	201	Wieslaw Fitak	Maasdijk	Msen	01:21:48	01:21:56
27	394	Karst Lenzen	PAC	Msen	01:22:05	01:22:09
28	41	Jan van Hoeven	De Lier	M50	01:22:57	01:22:59
29	373	Ruben van Kesteren	Spijkenisse	Msen	01:23:37	01:23:40
30	291	Bob Schlärmann	Maassluis	M35	01:23:43	01:23:48
31	217	Leon Schadee	PAC	Msen	01:23:48	01:23:52
32	411	Job van Dongen	PAC	Msen	01:23:53	01:23:55
33	257	Jochem Warnaar	PAC	Msen	01:23:54	01:23:57
34	308	Don van Vianen	PAC	Msen	01:24:11	01:24:13
35	364	Paul de Koning	Maasland	M50	01:24:14	01:24:18
36	375	Kevin Versprille	PAC	Msen	01:24:41	01:24:44
37	52	Harm van Berkel	Maasland	M35	01:24:42	01:24:44
38	169	Nick Jacobs	Nederlandse Triathlonbond	Msen	01:25:01	01:25:04
39	136	Marlon Hartskeerl	PAC	Msen	01:25:01	01:25:06
40	216	Raoul Majewski	Rotterdam	M40	01:25:21	01:25:27
41	337	Mark Wilson	Delfgauw	M45	01:25:21	01:25:27
42	171	Matthijs van der Beek	PAC	Msen	01:25:45	01:25:49
43	226	Berne Koornneef	Maasdijk	M40	01:26:06	01:26:10
44	256	Erwin Knecht	Rotterdam	Msen	01:26:09	01:26:13
45	414	Robbert de Rijk	Utrecht	Msen	01:26:13	01:26:24
46	369	Steven Kramer	Rotterdam	Msen	01:26:26	01:26:33
47	466	Wim Douw	Diomedon	M55	01:27:04	01:27:06
48	151	Henrieke Prins	PAC	Vsen	01:27:34	01:27:37
49	196	Bart Eigenraam	Fortuna	Msen	01:27:32	01:27:40
50	419	Rens Nagtegaal	Rotterdam Atletiek	Msen	01:27:37	01:27:48

Ruitenburg halve 19 januari 2020 Uitslag 21 km

Nr.	Startnr	Naam	Vereniging/Woonplts	Cat	Netto	Bruto
51	379	Ron Dekker	Fortuna	M50	01:27:55	01:27:58
52	278	Jeroen Ruigrok	Olympus '70	M40	01:27:57	01:28:02
53	143	Niek Rietveld	Fortuna	M50	01:27:56	01:28:03
54	318	Matthijs Morra	Waterweg	M35	01:28:32	01:28:35
55	188	Sander van van Vliet	Vlaardingen	M45	01:28:39	01:28:46
56	355	Wieger Buijs	Rotterdam	Msen	01:28:43	01:28:49
57	359	Marc Mansens	Rozenburg Zh	Msen	01:28:48	01:28:59
58	432	Kees-Jan Verwaal	Phoenix	M50	01:28:57	01:29:01
59	449	Lars Heijnsdijk	Olympus '70	Msen	01:28:58	01:29:05
60	192	Mario Wesdorp	PAC	M45	01:29:21	01:29:26
61	476	Johan van Zanten	Olympus '70	M35	01:29:33	01:29:40
62	89	Jurriaan Snickers	Rotterdam	Msen	01:29:32	01:29:41
63	397	Michael de Smit	PAC	M35	01:29:37	01:29:46
64	264	Martijn Ham	Olympus '70	Msen	01:29:49	01:29:53
65	10	Carla Ophorst	Olympus '70	V50	01:29:55	01:29:57
66	92	Martijn Vroombout	Maassluis	M35	01:30:03	01:30:15
67	59	Thom Paping	Maassluis	Msen		01:30:28
68	19	Daan de Bakker	Olympus '70	Msen	01:30:24	01:30:33
69	496	Negeneen Viereen	Delft	V45	01:30:42	01:30:45
70	237	Edwin van Kersbergen	Maasland	Msen	01:30:48	01:30:52
71	468	Geert-jan Aafjes	De Koplopers	M45	01:30:47	01:30:56
72	47	Debbie Ammerlaan	Triathlon	Vsen	01:30:56	01:31:00
73	4	Marcel van der Water	Waterweg	M50	01:30:54	01:31:01
74	186	Robert van der Toor	Triathlon	M40	01:30:55	01:31:02
75	218	Leo Mulder	s-Gravenzande	M45	01:30:58	01:31:06
76	223	Erik Dees	Maassluis	M35	01:31:02	01:31:10
77	154	Paul Streep	PAC	M60	01:31:05	01:31:14
78	415	Erik de Rijk	Amsterdam	Msen	01:31:10	01:31:21
79	235	Marcel van der Linden	Bleiswijk	M40	01:30:57	01:31:23
80	284	Ben Zwartveld	Monster	M50	01:31:36	01:31:41
81	68	Paul Johan de Voogd	Fortuna	M45	01:31:37	01:31:46
82	227	Joost Jansen	Vlaardingen	M35	01:31:59	01:32:07
83	124	Marcin Kupczak	Waterweg	Msen	01:32:17	01:32:24
84	164	Daan Hamerslag	Triathlon	M45	01:32:19	01:32:27
85	255	Pascal van Hattem	PAC	Msen	01:32:27	01:32:35
86	209	Vincent Leonard	Pijnacker	Msen	01:32:36	01:32:41
87	287	Arjen van Velden	Olympus '70	M50	01:32:44	01:32:50
88	141	Nay Seddik	Fortius	V45	01:32:52	01:32:57
89	140	Kees Prins	Fortius	M35	01:32:54	01:32:59
90	236	Rik van Oosterom	Haag Atletiek	M40	01:33:04	01:33:10
91	268	Mark Akkerman	Maasland	M35	01:33:11	01:33:20
92	265	Ernest van der Kwast	PAC	M35	01:33:44	01:33:54
93	378	Jason Wever	Delft	Msen	01:33:32	01:33:54
94	391	Tim greve	Naaldwijk	Msen	01:33:40	01:33:54
95	491	Frank Magnin	Maassluis	M45	01:34:09	01:34:18
96	314	Ferdi de Boer	Delft	M35	01:34:11	01:34:22
97	79	Edwin Cornelisse	PAC	M55	01:34:29	01:34:34
98	277	Rudy van den Berg	Olympus '70	M40	01:34:31	01:34:40
99	376	Hugo Schoenmaker	De Dijkrunners	M40	01:34:44	01:34:49
100	509	Daniel Hordijk	Hellevoetsluis	M35	01:34:45	01:34:59

Ruitenburg halve 19 januari 2020 Uitslag 21 km

Nr.	Startnr	Naam	Vereniging/Woonplts	Cat	Netto	Bruto
101	333	Raymond Olsthoorn	Monster	M45	01:34:42	01:35:01
102	282	Guido Breedveld	Den Hoorn Zh	M55	01:34:52	01:35:03
103	412	Youri Dijkxhoorn	s-Gravenhage	M35	01:35:09	01:35:13
104	250	Dick Kabel	PAC	M55	01:35:07	01:35:17
105	304	Marco hendriks	Olympus '70	M50	01:35:07	01:35:19
106	388	Marianne Goijert	Olympus '70	V45	01:35:21	01:35:23
107	180	Arien de Groot	Rotterdam	M45	01:35:23	01:35:32
108	387	Robert van Rij	Maassluis	Msen	01:35:58	01:36:10
109	383	Jesus Caeiro Mouzo	Energie	M50	01:36:08	01:36:14
110	396	Vincenzo Salento	Breda	M55	01:36:16	01:36:32
111	23	Rutger Thung	Vlaardingen	M45	01:36:28	01:36:36
112	63	Arco Cooman	Capelle aan den IJssel	M55	01:36:51	01:36:54
113	66	Robbert de Bree	s-Gravenhage	M40	01:36:50	01:37:03
114	371	Mark de Kok	Maasland	M40	01:37:06	01:37:14
115	502	Sigfried Janzing	PAC	M55	01:37:17	01:37:23
116	240	Frans Dekker	Maasdijk	M45	01:37:36	01:37:41
117	380	Max van Viersen	Maasland	Msen	01:37:35	01:37:45
118	128	Ivan Olthuis	PAC	Msen	01:37:41	01:37:45
119	299	Jimmy de jong	Hendrik-Ildo-Ambacht	M35	01:37:39	01:37:53
120	36	Bob Lawende	Rotterdam	Msen	01:38:07	01:38:17
121	234	Bas Denkers	Maasland	Msen	01:38:08	01:38:18
122	232	Maurice van Gameren	Schiedam	M40	01:38:02	01:38:28
123	32	Fep vd Ende	Monster	M60	01:38:29	01:38:44
124	471	Jeroen Roest	Maasland	M35	01:38:36	01:38:54
125	330	Sjoerd Ham	Maasland	M40	01:38:36	01:38:54
126	263	Pieter Bax	PAC	Msen	01:38:58	01:39:08
127	245	Justin Scheffers	PAC	Msen	01:38:58	01:39:08
128	152	Maarten Mulder	Delft	Msen	01:38:54	01:39:13
129	271	Bas Buitendijk	Waterweg	M40	01:39:05	01:39:18
130	386	Benjamin Overkempe	Utrecht	Msen	01:39:09	01:39:19
131	98	Mick Hasselaar	Rotterdam	Msen	01:39:04	01:39:21
132	434	Martijn van Gernerden	Vlaardingen	Msen	01:39:06	01:39:22
133	488	Rob de Bruijn	Olympus '70	Msen	01:39:00	01:39:24
134	150	Rob Buitendijk	Schiedam	M55	01:39:12	01:39:26
135	413	Spas Gueorguiev	Loopgroep Aart Stigter	M40	01:39:24	01:39:33
136	121	Dennis Huizer	Voorne Atletiek	M35	01:39:20	01:39:34
137	266	Joris van Sebille	Maassluis	M35	01:39:31	01:39:46
138	40	Jeroen van Gaalen	s Gravenzande	M35	01:39:20	01:39:47
139	392	Johan Stolze	De Lier	M60	01:39:44	01:39:52
140	203	Susanne Arts	Fortuna	V45	01:39:48	01:39:56
141	320	Percy van As	Fortuna	M55	01:39:52	01:40:01
142	49	Bastiaan van Loenen	De Dijkrunners	M40	01:40:09	01:40:20
143	142	Matthijs Drevijn	Zevenhuizen Zh	M35	01:40:04	01:40:25
144	229	Henk van der Zon	Maassluis	M40	01:39:59	01:40:25
145	500	Angeli De koning	Maasland	V50	01:40:20	01:40:30
146	147	Egbert Roodbol	PAC	M60	01:40:44	01:40:54
147	148	Marten Verduijn	Nederlandse Triathlonbond	M35	01:40:40	01:40:57
148	294	Leon Hordijk	Berkel en Rodenrijs	M40	01:40:42	01:40:59
149	11	Chiara Gandolfi Bazzanella	Ixelles	Vsen	01:40:46	01:41:02
150	172	Roelof Woering	Rozenburg Zh	M50	01:40:51	01:41:03

Ruitenburg halve 19 januari 2020 Uitslag 21 km

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151	346	Chase van Oudheusden	Capelle aan den IJssel	Msen	01:41:04	01:41:11
152	492	Jesse Krijthe	Rotterdam	Msen	01:40:55	01:41:20
153	187	Jeroen Alkemade	Rotterdam	M45	01:41:06	01:41:23
154	276	Annemarie Dijksman	Waterweg	V40	01:41:17	01:41:24
155	398	Hilbert van Dijk	De Dijkrunners	M40	01:41:22	01:41:34
156	43	Dennis Brouwer	Rotterdam	M45	01:41:27	01:41:36
157	456	Behroez Djafari Birdjani	Spark	M50	01:41:35	01:41:40
158	307	Rob Bosboomr	PAC	M60	01:40:47	01:41:41
159	360	Remco Boeters	s-Gravenhage	Msen	01:41:38	01:41:54
160	499	Freddy Jansen	s-Gravenhage	M45	01:41:41	01:41:56
161	334	Arnold Haakman	Hoogezand	M50	01:41:51	01:42:05
162	193	Richard rasens	Maasland	M45	01:41:56	01:42:06
163	224	Maaïke Slingerland	PAC	V40	01:42:00	01:42:10
164	120	Reinard Maarleveld	Schiedam	M60	01:42:08	01:42:13
165	390	Peter van den Bent	Vlaardingen	M55		01:42:14
166	382	Ruud Nobel	Haag Atletiek	M50	01:42:06	01:42:20
167	347	Jaap Andriessen	Rotterdam	Msen	01:42:13	01:42:28
168	461	Dennis van Dijk	Olympus '70	M40	01:42:02	01:42:33
169	348	Ad van Marrewijk	Ooltgensplaat	M60	01:42:21	01:42:35
170	35	Cees Wubben	Naaldwijk	M60	01:42:22	01:42:36
171	126	Lionel van Aanholt	Waterweg	M55	01:42:17	01:42:41
172	95	Jan Ouwendijk	Waterweg	M60	01:42:31	01:42:46
173	29	Kevin Smits	Delft	Msen	01:42:27	01:42:52
174	123	Martijn van der Wees	Maassluis	M40	01:42:48	01:43:04
175	470	Van Herk	Honselersdijk	Vsen	01:43:00	01:43:09
176	139	Calogero Prfoita	PAC	M60	01:42:49	01:43:12
177	275	Walter Elgersma	Maasdijk	M40	01:43:02	01:43:14
178	460	Martin D a f Drake	Pallas '93	M45	01:42:39	01:43:18
179	184	Cindy Koene	Olympus '70	Vsen	01:43:09	01:43:25
180	78	Youri Verbaas	Ridderkerk	Msen	01:43:06	01:43:26
181	505	Bert Pellikaan	Maassluis	M55	01:43:18	01:43:30
182	428	Erik Arkes	Rotterdam	M40	01:43:10	01:43:33
183	77	Erik van Schanke	Hendrik-Ido-Ambacht	Msen	01:43:14	01:43:34
184	65	Michelle Schoenmakers	Vlaardingen	Vsen	01:43:29	01:43:35
185	7	Ed Plugge	Waterweg	M45	01:43:25	01:43:37
186	6	Ed van der Lee	Waterweg	M55	01:43:25	01:43:37
187	319	Richard Ham	Naaldwijk	Msen	01:43:37	01:43:54
188		Chip 25002		??	01:44:17	01:44:22
189	82	Linda Alexandra	Rotterdam	V40	01:44:17	01:44:23
190	83	Lars Hartemink	Rhoon	M35	01:44:17	01:44:23
191	433	Jan van Zwolle	Rotterdam	M60	01:44:08	01:44:31
192	450	Gerben Splinter	Vlaardingen	M50	01:44:37	01:44:51
193	336	Frank de Bie	Waterweg	M45	01:44:40	01:44:53
194	122	Maartje Doesburg	Maassluis	Vsen	01:44:37	01:44:53
195	295	Jeffrey Duyvestein	Fortuna	Msen	01:44:36	01:44:53
196	353	Mark Messing	PAC	M45	01:44:34	01:44:53
197	202	Ørjan Kooijman	Fortuna	M40	01:44:37	01:44:53
198	448	Michel Sap	Fortuna	M40	01:44:37	01:44:54
199	469	Arno van Unnik	Fortuna	M50	01:44:36	01:44:54
200	501	Julien Boelhouwer	Fortuna	Msen	01:44:36	01:44:54

Ruitenburg halve 19 januari 2020 Uitslag 21 km

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201	473	Guido wicherts	PAC	M35	01:44:35	01:44:54
202	321	Jan Vonk	Maassluis	M50	01:44:43	01:44:59
203	462	Maurice Dijkshoorn	Schipluiden	M45	01:44:46	01:45:08
204	39	Rene vd Ende	s Gravenzande	Msen	01:44:41	01:45:09
205	410	Richard Sloom	Vlaardingen	M50	01:45:03	01:45:21
206	267	Rene van Luijk	Olympus '70	M55	01:45:08	01:45:33
207	18	Ralph Hofstede	Olympus '70	Msen	01:45:10	01:45:33
208	472	Rob van Noordt	Monster	M55	01:45:11	01:45:36
209	48	Lucien kroep	Hoek van Holland	M35	01:45:22	01:45:38
210	290	Renno van Vuuren	Haag Atletiek	M50	01:45:31	01:45:42
211	212	Niels Brittijn	Maassluis	M35	01:45:22	01:45:43
212	316	Wilco Hoogendoorn	PAC	M50	01:45:54	01:46:02
213	175	Tom Visser	Maasland	M45	01:45:58	01:46:08
214	195	Teunis de Kruijf	s-Gravenhage	Msen	01:46:04	01:46:24
215	498	Lennert Ras	PAC	Msen	01:46:26	01:46:30
216	363	Menno Urbanus	Schiedam	M45	01:46:16	01:46:34
217	206	Martin Vellekoop	Olympus '70	M50	01:46:10	01:46:34
218	269	Jan Brabander	Honselersdijk	M55	01:46:10	01:46:35
219	281	Jos van der Ploeg	Vlaardingen	M40	01:46:21	01:46:35
220	493	Anne-Lotte van der Kooi	Rotterdam	Vsen	01:46:11	01:46:35
221	20	Anneke Starrenburg	Olympus '70	V50	01:46:12	01:46:36
222	262	Koos Voskuil	Naaldwijk	M60	01:46:25	01:46:36
223	494	Henny van de Wetering	Olympus '70	M50	01:46:14	01:46:36
224	37	Aukje Steijvers	Vlaardingen	V40	01:46:20	01:46:37
225	110	Ben van der Vlugt	Pallas '93	M60	01:46:39	01:46:52
226	507	Edwin van Oosten	Ter Heijde	M55	01:46:30	01:46:56
227	67	Yvette van der Ploeg	Vlaardingen	V40	01:46:43	01:46:56
228	16	Peter Hendriks	Waterweg	M50	01:46:45	01:46:58
229	238	Martin den Hamer	Waterweg	M45	01:46:45	01:46:59
230	288	Ilona van der Kaaij	Olympus '70	Vsen	01:46:47	01:47:00
231	332	Liselore Mosterd	Maasland	Vsen	01:46:42	01:47:01
232	327	Martijn v/d Hoeven	Maassluis	M40	01:46:42	01:47:01
233	429	Joffrey Maasland	Capelle aan den IJssel	M35	01:46:38	01:47:02
234	424	Jacques koekkoek	Rotterdam	M50	01:46:38	01:47:02
235	174	Dion Meesters	Roosendaal	M35	01:46:39	01:47:06
236	339	Christine Geluk	PAC	V50	01:46:59	01:47:09
237	97	Peter Noordam	Waterweg	M50	01:46:57	01:47:10
238	207	Paul Hofstede	Olympus '70	M55	01:47:00	01:47:24
239	103	Jaap Meijers	Nederlandse Triathlonbond	M50	01:47:05	01:47:32
240	177	Augüsta van Hoogdalem	Fortuna	V40	01:47:27	01:47:34
241	161	Jeffrey Schut	Spijkenisse	Msen	01:47:23	01:47:39
242	213	Rafal Rzycki	Hoek van Holland	M35	01:47:23	01:47:42
243	185	Paul van der Leij	Hellevoetsluis	M45	01:47:28	01:47:53
244	162	Marek Przywara	s-Gravenzande	M45	01:47:59	01:48:20
245	331	Ruurd Gietema	Rotterdam	M55	01:48:07	01:48:22
246	219	Fred Bijl	PAC	M55	01:48:15	01:48:26
247	283	Ellen Van den Maagdenberg	Fortuna	V50	01:48:11	01:48:32
248	384	Juan Javier Caeiro Mouzo	Energie	M50	01:48:29	01:48:36
249	247	Kate van Vliet	Olympus '70	Vsen	01:48:14	01:48:38
250	436	René Hoegen	Pernis Rotterdam	Msen	01:48:09	01:48:38

Ruitenburg halve 19 januari 2020 Uitslag 21 km

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251	254	Keivn Kleijwegt	Maasdijk	Msen	01:48:09	01:48:39
252	480	Wolter vd sar	Naaldwijk	M55	01:48:17	01:48:40
253	438	Ko Heijboer	Maassluis	M50	01:48:30	01:48:42
254	145	Erik Kesselring	Maassluis	Msen	01:48:18	01:48:46
255	439	Bert Vreugdenhil	Olympus '70	M55	01:48:50	01:48:57
256	395	Saskia Kaarsgaren	PAC	V40	01:48:42	01:48:58
257	422	Piet de Jong	Olympus '70	M60	01:49:04	01:49:15
258	249	Mark van Leeuwen	Maasland	Msen	01:48:45	01:49:16
259	292	Darinka oslak	s-Gravenhage	V40	01:49:16	01:49:21
260	504	Jeremy Kolmus	Maassluis	M40	01:48:43	01:49:26
261	477	Theo van Vliet	Hardlooptainers Nederland	M50	01:49:18	01:49:44
262	21	Corry van Rijn	Olympus '70	V50	01:49:24	01:49:48
263	72	Joanna Damen-Wendholt	Rotterdam	V40	01:49:25	01:49:51
264	248	Leo van Spronsen	Olympus '70	M55	01:49:20	01:49:51
265	270	Bert Teunissen	s-Gravenhage	M55	01:49:37	01:49:52
266	440	Herman Peeren	Rotterdam	M60	01:49:48	01:50:03
267	115	Annemieke Lalleman	Fortuna	V50	01:49:48	01:50:03
268	358	Edwin Heuvelman	Fortuna	M50	01:49:51	01:50:08
269	400	Stephan Hehaiha	Capelle aan den IJssel	M35	01:49:49	01:50:29
270	508	Martin van den Akker	Maaslandse Dam 33	M55	01:50:16	01:50:32
271	446	John Franke	Schipluiden	M55	01:50:31	01:50:55
272	14	Wouter Lanneer	KesselLo	Msen		01:51:14
273	70	Liam Booster	Maassluis	M35	01:50:47	01:51:19
274	309	Shardee Ilaria	PAC	Vsen	01:51:05	01:51:24
275	324	Teun Kolner	Rotterdam Atletiek	Msen	01:50:50	01:51:24
276	513	Nico Groenewold	Delft	M55	01:51:04	01:51:26
277	322	Cor Overkempe	AV Holten	M60	01:51:08	01:51:39
278	178	Patricia Ammerlaan	Maasland	Vsen	01:51:26	01:51:56
279	328	Sylvia van den Heerik	Naaldwijk	V50	01:51:29	01:52:00
280	503	Miranda Kaslander	Olympus '70	V45	01:51:30	01:52:00
281	30	Jan-Willem Verwoerd	Delft	M50	01:51:32	01:52:05
282	183	Tom Snelders	Honselersdijk	M35	01:51:46	01:52:17
283	423	Frans den Outer	Oud-Beijerland	M55	01:52:00	01:52:24
284	365	Th. Cummins	PAC	M60	01:51:49	01:52:30
285	352	Alex Angenent	Vlaardingen	M45	01:52:04	01:52:32
286	444	Barry de Roode	Vlaardingen	M45	01:52:07	01:52:32
287	119	Yoran Verschoor	Rijswijk Zh	M35	01:52:10	01:52:36
288	381	Kevin gravendeel	Vlaardingen	Msen		01:52:40
289	28	Lianne ten Kate- Nivo	Maassluis	Vsen	01:52:24	01:52:51
290	118	Andre van Dijk	Maassluis	Msen	01:52:07	01:53:14
291	50	Marco oudshoorn	Nieuw-Lekkerland	M45	01:53:03	01:53:14
292	53	Martine de Heer	Hendrik-Ildo-Ambacht	Vsen	01:53:04	01:53:15
293	368	Ronald vervoort	Vlaardingen	M60	01:52:42	01:53:18
294	343	Jos kottmann	PAC	M35	01:52:47	01:53:22
295	312	Paul Vermeulen	PAC	M45	01:53:17	01:53:36
296	354	Michelle Bol	Maasland	Vsen	01:53:08	01:53:38
297	297	Ed de Kwaadsteniet	Pallas '93	M60	01:53:24	01:53:40
298	233	Marco Ooms	Fortuna	M45	01:53:09	01:53:49
299	137	Rogier Hart	Maassluis	M45	01:53:29	01:54:01
300	167	Fleur Kaptein	Vlaardingen	Vsen	01:53:40	01:54:02

Ruitenburg halve 19 januari 2020 Uitslag 21 km

Nr.	Startnr	Naam	Vereniging/Woonplts	Cat	Netto	Bruto
301	168	Jorien van den Doel	Fortuna	V50	01:53:40	01:54:02
302	479	Martin Pronk	Maassluis	M50	01:53:43	01:54:05
303	165	Marloes Kanselaar	Rotterdam	Vsen	01:53:44	01:54:09
304	75	Roderik Dubbeld	s-Gravenhage	M45	01:53:56	01:54:28
305	420	Pauline Willekens	Rotterdam Atletiek	Vsen	01:54:23	01:54:34
306	404	Leon den Elsen	Waterweg	M45	01:54:10	01:54:42
307	94	Alex Nieuwpoort	Schiedam	M50	01:54:36	01:54:43
308	416	Jaap van den Akker	Maasdijk	M60	01:54:15	01:54:46
309	403	Philip van Dongen	Maasland	M55	01:54:19	01:54:50
310	455	Tom van Schie	Honselersdijk	M35	01:54:33	01:55:04
311	510	Mara Rey de Waard	Rotterdam	V40	01:55:18	01:55:24
312	215	Leo van Zielst	Pallas '93	M55		01:55:26
313	285	Oscar Holterman	Fortuna	M50	01:55:10	01:55:27
314	401	Linda Vermeulen	Fortuna	V50	01:54:59	01:55:28
315	22	Wabe Bakker	Den Haag	M45	01:55:09	01:55:42
316	484	Rudi Benard	Maasland	M40	01:55:15	01:55:45
317	464	Theo de Man	Vlaardingen	M60	01:55:28	01:55:51
318	155	Yolanda Kaijser	PAC	V50	01:55:18	01:55:54
319	453	Ed van van Hillo	Maassluis	M45	01:55:41	01:55:58
320	214	Thera van beusekom	Spijkenisse	Vsen	01:55:46	01:56:01
321	393	John van de Watering	Bergen op Zoom	M50	01:55:47	01:56:01
322	485	Jan Bouke Tiersma	Honselersdijk	M50	01:55:59	01:56:02
323	293	Joep Storm	Delft	Msen	01:55:45	01:56:05
324	457	Arthur Poortman	Olympus '70	M50	01:55:37	01:56:12
325	431	Dirk Geelhoed	Hoek van Holland	M50	01:55:38	01:56:12
326	107	Ramy Awad	Julianadorp	Msen	01:56:00	01:56:12
327	117	Anke van Steekelenburg	De Lier	Vsen	01:55:46	01:56:13
328	279	Sanne verkade	Maasland	Vsen	01:55:47	01:56:17
329	418	Rachel Vermeulen	Schiedam	Vsen	01:55:49	01:56:26
330	325	Jasper Monster	Rotterdam	Msen	01:55:50	01:56:26
331	27	Maarten Nivo	Huissen	M35	01:56:07	01:56:34
332	113	Jolanda Ammerlaan	Maasland	V50	01:56:08	01:56:36
333	344	Ria Verboon	Delft	V50	01:56:10	01:56:36
334	514	Ketel	Rhoon	M40	01:56:14	01:56:43
335	463	Ronald Ketel	Dordrecht	M50	01:56:14	01:56:43
336	114	Martin Rienks	Fortuna	M50	01:56:28	01:56:45
337	173	Luc Calame	Schiedam	M60	01:56:13	01:56:49
338	111	Walter van der Bent	Katwijk Zh	Msen	01:56:42	01:56:55
339	116	Nicole elderhorst	Delft	Vsen	01:56:30	01:56:55
340	351	Aster Bruning	Rotterdam Atletiek	Vsen	01:56:26	01:56:59
341	146	Erik Korbee	s-Gravenhage	M55	01:56:38	01:57:01
342	134	Pim Kipp	Rotterdam	Msen	01:56:26	01:57:03
343	486	Ton Hoozemans	Rotterdam Atletiek	M60	01:57:01	01:57:07
344	106	Danny Vos	Maassluis	M35	01:56:25	01:57:08
345	24	Roel van Dorsten	Delft	M60	01:56:46	01:57:12
346	443	Eveline de Wilt	Schiedam	Vsen	01:56:36	01:57:15
347	342	Gerard van den Ende	Olympus '70	M60	01:56:43	01:57:15
348	73	John Wiegersma	Schoonhoven	M50	01:56:56	01:57:16
349	421	Monique Creemers	Waterweg	V50	01:56:48	01:57:21
350	274	Robert Visser	Maassluis	M40	01:57:15	01:57:25

Ruitenburg halve 19 januari 2020 Uitslag 21 km

Nr.	Startnr	Naam	Vereniging/Woonplts	Cat	Netto	Bruto
351	38	Aad van Schie	Honselersdijk	M60	01:56:54	01:57:27
352	258	Egbert van Dijk	Fortuna	M60	01:56:46	01:57:29
353	69	Jordy Spruijt	Maassluis	Msen		01:57:29
354	99	Pierre Rumahlewang	Zoetermeer	M55	01:57:03	01:57:40
355	144	Marcel Kesselring	Maassluis	M50	01:57:18	01:57:46
356	338	Robin Wilson	Rotterdam	Msen	01:57:21	01:57:54
357	374	Aad Stam	Schiedam	M55	01:57:29	01:57:57
358	163	Björn Braber	Rhoon	Msen	01:57:20	01:57:58
359	326	Frits Bergmann	Rotterdam	M55	01:57:25	01:57:59
360	340	Dylan Metselaar	PAC	Msen	01:57:31	01:58:05
361	490	Dim Mureau	Waterweg	M55	01:57:32	01:58:05
362	204	Anne Marijn Troost	Fortuna	V40	01:57:31	01:58:06
363	370	Wilma Stelloo	Fortuna	V50	01:57:46	01:58:08
364	329	Diantha Boll	Rotterdam	Vsen	01:57:35	01:58:08
365	17	Johan Vijftigschild	Waterweg	M55	01:57:32	01:58:08
366	8	Marja van Wilgen	Waterweg	V45	01:57:37	01:58:09
367	135	Sacha Dalmeijer	Utrecht	Vsen	01:57:33	01:58:11
368	9	Bert Eeuwijk	Waterweg	M60	01:57:41	01:58:13
369	430	Arthur Davidse	Maasland	M50	01:57:57	01:58:27
370	465	Jacqueline Nell	Maasland	V45	01:57:58	01:58:27
371	437	Burt Aurik	Maasland	M55	01:57:58	01:58:27
372	426	Wout Verkade	Maasland	M60	01:57:58	01:58:27
373	31	Hans Suiker	Den Hoorn	M60	01:58:02	01:58:29
374	417	Jacques Merx	the Hague Road Runners	M60	01:58:31	01:59:03
375	156	Jan van Belzen	Vlaardingen	M40		01:59:08
376	112	Rene van heusden	Haag Atletiek	M55	01:59:17	01:59:32
377	425	Werner E. Korpershoek	Maassluis	M50	01:59:03	01:59:34
378	409	John Kaijen	Barendrecht	M45	01:59:39	01:59:48
379	483	Arthur Moen	Dordrecht	M35	01:59:29	01:59:52
380	377	Peter Schenk	Schiedam	Msen	01:59:24	01:59:56
381	45	Jim Amas	Waterweg	M50	02:00:11	02:00:24
382	389	Yaron Wolf	Maasland	M35	02:00:35	02:01:09
383	191	Nico Huijts	PAC	M60	02:00:45	02:01:18
384	211	Karine Draaijer	Maassluis	V45	02:00:51	02:01:24
385	220	Marco Baris	Fortuna	Msen	02:00:52	02:01:32
386	60	Pascal Quist	Roosendaal	Msen	02:01:06	02:01:44
387	454	Jos van den Berg	PAC	M60	02:01:16	02:01:48
388	362	Hieka Jager	De Koplopers	V50	02:01:38	02:02:04
389	57	Dissl Lalleman	Borculo	V40	02:01:39	02:02:14
390	109	Murat ERTEKIN	Oosterhout Nb	M45		02:02:14
391	506	Peter Voogd	Naaldwijk	M45	02:01:36	02:02:15
392	210	Alette van Ginkel	Fortuna	V45	02:01:35	02:02:17
393	200	Sandra Heuts	Fortuna	V50	02:01:35	02:02:17
394	54	Rob Kaper	Rotterdam	M40	02:02:05	02:02:44
395	176	Hans Smit	Rotterdam	M60	02:02:08	02:02:45
396	160	Esther Sweeris	Voorne Atletiek	V50	02:02:10	02:02:45
397	157	Ton van Wageningen	Voorne Atletiek	M60	02:02:10	02:02:45
398	296	Luuk DE HAAN	Fortuna	M50	02:02:51	02:03:34
399	341	Cigdem Dogru	Fortuna	V45	02:02:53	02:03:34
400	55	Astrid Schaar	Maassluis	Vsen	02:03:03	02:03:38

Ruitenburg halve 19 januari 2020 Uitslag 21 km

Nr.	Startnr	Naam	Vereniging/Woonplts	Cat	Netto	Bruto
401	323	Trudy Hess	Nieuwerkerk ad IJssel	V50	02:03:07	02:03:43
402	205	Dennis Westhuis	Fortuna	M45	02:03:34	02:04:15
403	198	Remco den Engelsman	Fortuna	M45	02:03:35	02:04:15
404	26	Max Stuijzand	Rijswijk	M45	02:04:42	02:05:08
405	489	Mirella Magnin	Maassluis	V40	02:04:49	02:05:17
406	475	Raymond Meerburg	Sliedrecht	Msen	02:05:00	02:05:38
407	407	Bas van der Borden	Vlaardingen	M60	02:05:43	02:06:21
408	459	Rob Wouters	Schiedam	M50	02:05:46	02:06:24
409	405	Nienke Graaf	Pallas '93	V40	02:05:48	02:06:27
410	181	Laura Blom-Dolstra	Maassluis	V40	02:05:58	02:06:34
411	511	Mark Akkerman	Maasland	M35	02:06:03	02:06:35
412	189	Cora Verheij	Abbenbroek	V50	02:07:28	02:07:53
413	197	Sjaak van der Burg	Fortuna	M50	02:07:36	02:08:16
414	199	Maarten Kraan	Fortuna	M50	02:07:38	02:08:19
415	482	Monica de Graaf	Fortuna	V45	02:08:01	02:08:41
416	251	De Gelder	Rhoon	Vsen	02:08:40	02:09:01
417	306	Remon van Holstein	Fortuna	M35	02:08:40	02:09:01
418	451	Renate van der Linde	Fortuna	V45	02:08:26	02:09:01
419	44	Ronald Tertoolen	Fortuna	M55	02:08:40	02:09:01
420	87	Jaimy Ottevanger	Hellevoetsluis	Vsen	02:08:47	02:09:27
421	366	Esmée Boeckx	Maassluis	Vsen	02:09:29	02:09:58
422	305	Jan Flipse	Delft	M50	02:09:40	02:10:01
423	252	Mike Pragt	Hellevoetsluis	M50	02:09:40	02:10:14
424	149	Stan de bruin	Maassluis	M55	02:06:38	02:10:14
425	313	Arie van der Sar	s-Gravenzande	M60	02:11:33	02:12:06
426	442	Heiko Hassing	Fortuna	M60	02:12:02	02:12:25
427	478	Evert van 't Hof	Fortuna	Msen	02:12:15	02:12:38
428	100	Chris Rijsbergen	Rotterdam Atletiek	M40	02:11:57	02:12:38
429	166	Kelly Verheij	Vlaardingen	Vsen	02:12:20	02:12:40
430	273	Sandra van den Brink	Fortuna	V50	02:12:23	02:12:44
431	76	Rob van Toledo	Fortuna	M50	02:12:29	02:12:53
432	427	Koen van Toledo	Vlaardingen	Msen	02:12:28	02:12:54
433	357	Dennis van der Maarel	Wateringen	M45	02:12:30	02:13:10
434	133	Ewout Bazan	Rotterdam	Msen	02:12:51	02:13:28
435	81	Samir Raslan	Maassluis	M45	02:13:40	02:14:02
436	15	Claudia Dijkstra	Waterweg	Vsen	02:13:58	02:14:37
437	474	Carlos Yap	Capelle aan den IJssel	Msen	02:14:30	02:14:50
438	349	John Huf	Vlaardingen	M60	02:14:40	02:14:53
439	159	Hilda Knol	Maasland	V45	02:14:37	02:15:05
440	74	Tom Rozendaal	Rhoon	Msen	02:14:39	02:15:16
441	190	Marjolein Huijts	PAC	V50	02:15:22	02:15:55
442	104	Joris Schoenmaker	Hellevoetsluis	Msen	02:15:38	02:16:19
443	96	Sandra Bakker	Bergschenhoek	Vsen	02:16:16	02:16:50
444	367	Wietske Vervoort	Vlaardingen	V50	02:16:16	02:16:51
445	361	Richard Piening	Spijkensisse	Msen	02:17:11	02:17:47
446	51	Erika Oudshoorn	Nieuw-Lekkerland	V45	02:17:45	02:17:56
447	62	Roel van Hoorn	Maassluis	Msen	02:18:00	02:18:25
448	130	Saskia Egbertsen	Maasland	V50	02:17:59	02:18:27
449	182	Sui Tsang	Maassluis	V40	02:18:14	02:18:52
450	179	Josephine Bieri	Maassluis	V50	02:18:16	02:18:52



Ruitenburg halve 19 januari 2020 Uitslag 21 km



Nr.	Startnr	Naam	Vereniging/Woonplts	Cat	Netto	Bruto
451	445	Annelise de Wilt	Vlaardingen	Vsen	02:20:03	02:20:42
452	372	Robin Gordijn	Schiedam	Msen	02:20:04	02:20:43
453	261	Laurens vd Heijden	Barendrecht	M40	02:21:59	02:22:20
454	260	Olaf Sap	Barendrecht	M40	02:22:02	02:22:23
455	108	Kim de Nie	Heemskerk	Vsen	02:22:57	02:23:09
456	435	Jackey Ramos	Schiedam	V40	02:25:07	02:25:39
457	102	José Van helden	Rotterdam	V45	02:26:05	02:26:51